



ANNUAL REPORT

2014–15

*“Today, I knock on the door
of Cara, my last hope.”*

In any country, academics are a highly-trained minority, with questioning minds. Such people are rare and valuable, an intensive investment in the best education their countries can afford, and they need freedom to speak, to write, and to teach. But under autocratic and violent governments, or to bigoted extremists, they can easily be seen as the 'opposition', and are targeted and forced to flee. Others, caught up in conflict, see their universities under fire, their colleagues kidnapped, tortured or assassinated, and their students deprived of the chance to learn. Others face discrimination and even violence because of their ethnicity, religion or sexual orientation.

Cara – the Council for At-Risk Academics – exists to help them all. But it is not enough to save scholars and their families and find them sanctuary, temporary or permanent. These experts carry with them knowledge, theories, techniques and ideas which are critically important to the future of their own countries, and of us all. Our founders' aim was to prevent 'the waste of exceptional abilities, exceptionally trained'. So another important part of Cara's mission will always be the protection, and promotion, of science and learning.

You will see here how many trusts, foundations, universities and individuals have helped us in 2014-15. We are grateful to them all, and also to the volunteers and interns who give their time to support our excellent Cara team. I hope you will find the Report interesting. If you would like to know more, please visit the Cara website, www.cara1933.org, or contact us on info.cara@lsbu.ac.uk.



Mrs Anne Lonsdale CBE, Cara Chair

“ I am not a soldier, I am a scientist. ”

Syrian academic, 2015

“ When ISIS entered Al-Ramadi in June 2014, they targeted Anbar University. Those of us who spoke out were beaten or killed by ISIS and student sympathisers. Our books and research were burned and laptops taken. Our colleges became our prisons and torture chambers. I am sad to say that we lost some of our best lecturers, killed by ISIS. ”

S (Iraq)

Cara's Mission

Cara's roots go back to 1933 and the Nazis' expulsion of many academics in Germany from their posts. Appalled at what was happening to their colleagues, William Beveridge, then the Director of the LSE, and many other leading UK academics and scientists came together to set up what is now Cara, to help them to escape so they could continue their exceptional work.

Ever since then, Cara has worked tirelessly to help academics from all over the world who suffer because of what they have dared to say, write or teach, because of conflict, or just because of who they are. The aim of Cara's founders was “the relief of suffering and the defence of learning and science” – saving the individuals but, critically, also saving, for the good of all, the expertise and knowledge that they carried in their heads.

Both parts of this mission are just as valid today. Cara's work saves lives; and the physical safety of academics, and their families, is obviously very important. So is the defence of learning.

Cara is committed to the ideal that science and learning have no geographical boundaries; that the pursuit of excellence is international; and that academics in higher education and research form one global community, whose work is essential for peaceful development. Where people cannot speak, write, teach and meet, freely and without fear, education is compromised, truth is denied and lies become established. Where academics and scientists are killed or scattered to the four corners of the world, intellectual capital is lost and ruined societies cannot be re-built. Where higher education is destroyed, that country will soon have no teachers, no doctors, no architects, no lawyers. Young people will learn no skills. With no futures, some may turn to extremism. The country will suffer for generations. And the whole world will suffer with it.

So academics, researchers and institutional leaders who are in grave danger must be helped, rescued where necessary, and their knowledge preserved. Those who want to go home should be helped to prepare to return when circumstances permit, to rebuild their countries' infrastructure and higher education communities. Those who cannot return, because of the continuing dangers, must be helped to build new lives, bringing their new perspectives and international experiences to enrich the universities that will host them, in the UK or elsewhere.

Cara is a unique charitable organisation, with no counterpart in Europe. Its independence and neutrality are crucial to its ability to function in highly fluid and complex environments. Unencumbered by a mandate requiring it to work through governments, Cara is able to respond flexibly in rapidly changing situations. It is firmly embedded in the UK higher education and research community. 65% of UK higher education institutions are actively engaged with Cara's work. Cara has a growing number of international partners too, giving it a global reach.

Cara defines an 'academic' as someone who has held a paid post as a lecturer and/or researcher in a higher education institution or equivalent. Cara does not distinguish between seniority, gender or discipline.

“Support from Cara was a turning point in my life, I could see a future and plan a new life. It has had a transformative effect on my life.”

T (Ethiopia)

GIVING VOICE All too often receiving countries and international humanitarian agencies ignore the extraordinary resource represented by academics, including medics, who are forced into exile, who tend to be subsumed within the 'refugee problem' along with the millions of other refugees and internally displaced. When the dominant 'lost generation' narrative focuses solely on children, the voices of another lost generation, that of educators and medics, can be entirely drowned out. Yet, without higher education, sustainable systems of primary and secondary education cannot be rebuilt. Cara can offer academics a voice as a distinct group, vital to the future of their countries. It can open doors to ensure they too are represented within the humanitarian fora, where the focus is all too often on the immediate, rather than the long-term.

Dear Cara,

When I arrived in England in 1966, after months of solitary confinement in apartheid jails, I was a psychological wreck. You gave me wonderfully sensitive support. When I arrived in England in 1988, having been blown up by a bomb placed by apartheid operatives, I was a physical wreck. Once again Cara was there to help me...

"... My story has been repeated a thousand times and more, with different details, but the same theme. An intellectual driven from his or her homeland by repression and intolerance, enabled by Cara to share ideas and values with welcoming hosts, improving skills..."

... Through living the principles of free enquiry we become natural apostles of peace and understanding and of internationalism at its best. Cara does more than provide succour for people in need. It helps keep alive the spirit of free enquiry.



Justice Albie Sachs

Cara Beneficiary 1966 and 1988

Justice Sachs – the only person so far to seek Cara’s help on two separate occasions – returned to serve as a Constitutional Court judge for 15 years in Nelson Mandela’s South Africa, winning praise for his work from fellow jurists all over the world.



*“Now I have your Cara card, when the Taliban come I will call you.
Until then I will stay here and get on with my work.”*

University Vice Chancellor, Afghanistan

What Cara Does

Cara’s Fellowship Programme supports academics, often in very immediate danger, helping them to escape to a safe place where they can continue their work. Many are committed to returning home to rebuild their societies when conditions allow; but in the meantime they need a safe haven, and the opportunity to maintain and develop the skills and the networks that they will need when they go back.

Working closely with the 108 UK universities in the **Cara Scholars at Risk UK Universities Network** (see below), and with a growing number of other institutions in the UK and abroad, Cara checks the applicants’ background, qualifications and references; negotiates and agrees the details of the placement, including fee waivers and financial and in-kind support; allocates any additional funding needed from its own resources; and helps to secure the appropriate visas for the Fellow and, very often, the Fellow’s family – knowing that any delay could be fatal.

Over the years many Cara Fellows have returned home – indeed, many find it easier to go back, because they know that Cara is always there to help them, should the risk ever become too great again. Returning Fellows are well-connected, and empowered to act as agents of change, sharing their newly-gained knowledge, concepts, materials and approaches with students and colleagues. They can also play a key link role between their colleagues at home and international counterparts, at both an individual and an institutional level.

“ The killing and kidnapping of Syrian intellectuals was a daily occurrence in our lives. My little daughter told me many times, ‘Do not go to work, please do not, they will kidnap you.’ My older daughter understood a new and terrifying fact. Her father, who was supposed to protect her, could not even protect himself. ”

A (Syria)

Cara also supports academics who have been forced to flee and have already reached the UK, and who cannot return home because of the continuing dangers and are seeking to re-build their careers here. Many at first find it very hard to come to terms with the permanent loss of their old home, career and community. Cara supports and guides them to reconnect with the world of academia by providing Fellowships. Cara’s Employment, Training and Education (ETE) service, offered with the support of 14 UK Universities’ Careers Advice Centres, can provide UK-wide careers advice.

Cara is currently working with and supporting some one hundred and forty Fellows from twenty-five different countries, and some two hundred dependents, mostly in the UK but with a growing number abroad. One in three Cara Fellows is female: Cara is particularly committed to promoting the cause of female academics, who all too often suffer discrimination in both home and host countries.

“ All of the other organisations I have contacted have apologised in one way or another ... I have never felt so helpless and hopeless as when I imagine my educational future being destroyed before my very eyes ... Today, I knock on the door of Cara, my last hope. ”

Syrian academic, July 2013 – now being supported by Cara

Cara's **Country Programmes** provide innovative and effective support to academics who are working on in their country despite the risks or who have been forced into exile in the surrounding region. Cara has recently run ground-breaking programmes for Iraq and Zimbabwe. Drawing on this experience, Cara is now developing proposals to help academics in Syria, as well those who have been forced to flee the country and have sought refuge in the surrounding region.

IRAQ PROGRAMME At the height of the Iraq Programme, over seventy-five academics from sixteen UK and eleven Iraqi universities collaborated on research of direct relevance to Iraq. Research teams partnered Iraqi academics in exile and in post in Iraq with experienced UK-based researchers. As well as enhancing Iraqi research skills, the programme delivered rigorous quality outputs of significance to Iraq's policy-makers and planners, and their international advisers. Research focused on issues as diverse as: the impact of depleted uranium-contaminated soils; bias in primary/secondary school curricula and texts; the development of child mental capacities in the absence of existing services; use of mobile phone technologies to enhance public health services; and the status of female academics post-2003. The senior UK-based researchers who led and mentored the teams all supported the Programme *pro bono*.

ZIMBABWE PROGRAMME Cara's Zimbabwe Programme was launched in 2009 in response to a marked increase in the number of academics fleeing Zimbabwe, amid reports of a dramatic decline in the quality of higher education. The Programme offered grants and fellowships to pay for vital equipment and supplies, and in 2012 established a 'Virtual Lecture Hall' at the University of Zimbabwe. This enabled Zimbabwean academics in exile and others to connect in real time with the colleges and faculties of health and veterinary sciences, to plug knowledge gaps, to improve standards of teaching and research and to facilitate increased networking and collaboration. In response to demand, a second, mobile, system was provided in October 2013. The equipment has been formally handed over to the University of Zimbabwe, and continues in regular use, providing a long-lasting legacy.

Opposite: Cara's Virtual Lecture Hall in use at the University of Zimbabwe

“The Cara grant substantially remedied the situation and the quality of teaching has already improved remarkably, along with an increase in student applications; something I never thought would happen!”

Zimbabwe University Dean



Cara Events

Successful events are central to Cara's campaigning and awareness-raising, seeking to draw attention to the issues underlying Cara's work and highlighting continuing violations of academic and university freedoms across the globe. Cara staff, Council members and Fellows deliver presentations on Cara's work at universities and in other relevant fora throughout the year.

'Science and Civilisation' Annual Lecture Series

In 2013 Cara launched an annual lecture series on the theme of 'Science and Civilisation', commemorating Albert Einstein's speech of the same name at the Royal Albert Hall on 5 October 1933, at a major fundraising event on behalf of several organisations including Cara. The opening lecture was given by Professor Jim Al Khalili on 7 November 2013, on 'Science, Rationalism and Academic Freedom in the Arab World: A Personal and Historical Perspective'. On 20 November 2014 Sir George Radda CBE delivered the second lecture, on 'Biomedical Knowledge in the Service of Man: Social Responsibility of the Scientist'. Lord Rees, Astronomer Royal and former President of The Royal Society, has kindly agreed to give the third lecture, in November 2015, on the theme, 'Confronting 21st Century Challenges: Scientists as experts, as campaigners and as world citizens'. For further information, please contact Cara.

N, a university lecturer from Syria, fled her home in September 2012 due to the increasing violence, to which she had already lost colleagues and students. "Before I left, three colleagues were kidnapped, one of them the Dean of the Business Faculty. My last memory of him was watching helplessly as he was kidnapped in the middle of the university car park." In 2013, Cara secured her a post-doctoral placement at a UK university with a full fee waiver and a university bursary, supplemented by Cara Fellowship funding.

"Without Cara's support, my future will be dark with no hope, where everything in Syria is controlled by a bullet or a mortar bomb and violence. So CARA means Life and Future for us."

Syrian academic, 2015

Migration Museum & Cara Collaboration

In 2013, Cara and the Migration Museum Project (MMP) developed a partnership to explore, through the 'Great Minds' seminar series, how migrants have helped to shape intellectual life in the UK. A series of public seminars was held in 2014-15. Cara also sits on the MMP Education Advisory Committee, which aims to engage young people in migration-related issues such as citizenship, identity and belonging.

Student Art Competition

Building on the success of its 2013 campaign on the theme of 'The Art of Resistance: Defending Academic Freedom', Cara launched its second student art competition in the academic year 2014-15. The competition aims to raise awareness of daily violations of academic freedoms across the globe, and to engage a new generation of academic freedom defenders.

Student Ambassadors

In 2014, Cara established its 'Student Ambassador' programme, enlisting the support of thirty students across the UK to promote Cara's work and the values that underpin it, and engage a new generation to champion the principle of intellectual freedom worldwide. 'Student Ambassador' events in 2014-15 included private screenings of 'The Best of Men', a film about Sir Ludwig Guttmann, a German neurologist and Cara Fellow from the 1930s whose extraordinary work at Stoke Mandeville hospital from 1943 revolutionised the treatment of paraplegics and led to his being widely acknowledged as the 'father' of the Paralympic Games.

A, from South Sudan, was first arrested in 1992, accused of supporting the Sudan People's Liberation Army, a multi-ethnic resistance group based in the south. He was released, but then faced with conscription into the Sudanese state's army. He fled to the UK. He was supported by Cara to do an MSc in Water Management. Following the 2005 Peace Agreement he returned home and worked for a UK charity as a Water and Sanitation Engineer. After South Sudan's independence, he took over a senior position in the Directorate of Water Resources Management.



**Kenya Defence Forces soldiers outside
Moi University Garissa, after 147 students were
killed in an attack by Al Shabaab forces, 2015**



Cara's partners, supporters & funders

Cara could not work without a wide range of partners and supporters, and the help of many generous funders.

Cara Scholars at Risk UK Universities Network

Founded in 2006, the Network comprised 108 institutions by mid-2015, an increase of 50% over the last three years. The partnership between Cara and UK universities has not only grown, but deepened, with Network universities and others providing the equivalent of over £1 million in fee waivers, funding and in-kind contributions in support of Cara Fellows in 2014, and a further £900,000 in the first half of 2015. In all, 63 UK universities and research institutes were hosting Cara Fellows as at June 2015, many with families – and in 19 cases, more than one Fellow. Many UK universities also contribute, through a voluntary annual subscription, to Cara's running costs. This partnership between Cara and UK universities is the bedrock of everything that Cara does, reflecting Cara's origins as an organisation set up by the UK's leading academics and scientists.

Cara continues to expand its partnerships outside the UK, in Australia and Canada, and is exploring new partnerships in Germany, France and the Middle East.

2014 marked Cara's 10th year at London South Bank University. Cara would like to acknowledge the extensive support that LSBU has provided over that period, and continues to provide.

F, from Iran, joined the movement contesting the fraudulent 2009 Presidential election, was arrested without charge and imprisoned for a month. He came to the UK to do a Master's degree, but in 2011 he was issued a court summons on political charges. He declined to return, was found guilty in absentia, and sentenced to one year's imprisonment and sixty lashes. He was also banned for life from all activities in Iranian institutions and academies. Cara is supporting him with a Fellowship to complete his PhD.

UK Network Universities, 2015

Aberdeen | Abertay Dundee | Aston | Bath | Bath Spa | Bedfordshire | Birkbeck | Birmingham | Bournemouth | Brighton | Bristol | Brunel | Buckingham | Cambridge | Canterbury Christ Church | Cardiff | Central Lancashire | Central School of Speech & Drama | Chester | Chichester | City University London | City & Guilds of London Art School | Courtauld Institute | Cumbria | Dundee | Durham | East London | Edinburgh | Essex | Exeter | Glasgow | Glasgow Caledonian | Glasgow School of Art | Glyndwr | Goldsmiths College | Goodenough College | Greenwich | Heriot Watt | Hertfordshire | Heythrop College | Huddersfield | Imperial College | Institute of Education | Kent | Keele | King's College | Kingston | Lancaster | Leeds | Leeds Beckett | Leicester | Lincoln | Liverpool | Liverpool Hope | Liverpool John Moores | Liverpool School of Tropical Medicine | London | London Business School | London Metropolitan | London School of Economics | London School of Hygiene & Tropical Medicine | London South Bank | Loughborough | Manchester | Manchester Metropolitan | Middlesex | Newcastle | Newman University Birmingham | Northampton | Nottingham | Nottingham Trent | Open University | Oxford | Oxford Brookes | Plymouth | Portsmouth | Queen Mary | Queen Margaret | Queen's Belfast | Ravensbourne | Reading | Regent's | Richmond | Roehampton | Royal Holloway | SOAS | Salford | Sheffield | Southampton | Southampton Solent | Staffordshire | Stirling | Strathclyde | St Andrews | Sunderland | Surrey | Sussex | University of the Arts London | University College London | Ulster | Warwick | West of England | West of Scotland | Winchester | Wolverhampton | Worcester | York | York St John |

“This amazing opportunity provided by Cara not just saved my life, and the lives of my wife and son, but it has also exposed me to a world-class research environment in top-quality labs equipped with a state-of-the-art instrument.”

Syrian academic, 2015



Learned Societies and Professional Bodies

Cara has long-established relations with The British Academy and The Royal Society, which both frequently host Cara meetings and events. Cara has recently also benefited from the support of The Society for Applied Microbiology and The Society for General Microbiology (SGM), who have provided financial assistance and Society membership to relevant Cara Fellows; the SGM also hosted the 2014 meeting of Cara's Council at Charles Darwin House. With pharmacy-related disciplines the most prevalent amongst Cara's 2014-15 Fellows, eighteen of the twenty-five UK Pharmacy Schools are now hosting Fellows from Syria.

Global Coalition to Protect Education from Attack (GCPEA)

Cara is Deputy Chair of GCPEA (www.protectingeducation.org), a New York-based coalition of international NGOs and UN agencies formed in 2010 to highlight the problem of targeted attacks on education, particularly during armed conflict. GCPEA has published a number of major studies, and launched a campaign to raise awareness of the importance of protecting schools and universities in times of conflict, which is now gaining international momentum and support. Cara and its US partners, the Institute of International Education's Scholar Rescue Fund and the Scholars at Risk Network, champion higher education within GCPEA.

Human Rights Defenders Platform

In 2014, Cara joined the Brussels-based EU-funded Global Platform for the Temporary Relocation of Human Rights Defenders. The aim of the Platform is to offer temporary relocation to human rights defenders at risk and facilitate the sharing of information and experiences to help improve programmes and collaboration. Members include a wide range of NGOs, cities and municipalities, and government Ministries from across the world.

E, from Zimbabwe, was subject to state harassment because of her husband's engagement with the opposition Movement for Democratic Change (MDC). In 2005, threatened with arrest, her husband fled abroad. She remained behind to look after her children, and tried to continue her work at the University. But the harassment intensified, and eventually she was accused of holding secret meetings to recruit students for the MDC. Fearing arrest, she fled to the UK, and is being supported by Cara to do a PhD.

Opposite: A Somali university student injured in a suicide bomb attack on a graduation ceremony

Other Cara Partners/Supporters include:

American Center of Oriental Research (Jordan)

The British Council

The British Institute Amman (Jordan)

Prisoners of Conscience Appeal Fund

The Royal Colleges Iraqi Liaison Group

The Royal Society of Physics

Cara was the **Times Higher Education (THE) Awards 'Nominated Charity'** in 2013, and THE has continued this support in 2014-15, carrying *pro bono* advertisements to help maintain Cara's visibility amongst core constituents and facilitating several individual donations.

M, from Syria, experienced a series of violent incidents: a car bomb near his child's school, which affected his son badly, and fighting in the street outside their home, with bodies left lying unburied for many days. He, his wife and five small children eventually fled after regime forces killed many people in their town as an act of collective punishment for rebel attacks in the area. After travelling through Lebanon, the family were refugees in Jordan, in very difficult circumstances, when they contacted Cara. Cara is now supporting him at a UK University, with his wife and children.

“ So far I have published two research papers and presented my research findings in two conferences. Your generosity has inspired me to help others and give back to the community ... Thank you again Cara for your generosity and support. I promise you I will work very hard and eventually give something back to others. ”

Syrian academic, 2015

Funders (2014-15)

All charities need funds, and Cara and its beneficiaries offer heartfelt thanks for donors' continued support. A number of funders have requested anonymity, but Cara is happy publicly to acknowledge the generosity of the following:

UK Universities

The Dowager Countess Eleanor Peel Trust

European Instrument for Democracy & Human Rights (EIDHR)

Freedom House

The Freemasons' Grand Charity

Fungal Infection Trust

Garfield Weston Foundation

Gatsby Charitable Foundation

Graduate Women International

Harbour Foundation

National Institute of Agricultural Botany (NIAB)

Sigrid Rausing Trust

Society for General Microbiology

Society for Applied Microbiology

Wolfson Foundation

Worshipful Company of World Traders

Individual Supporters and Funders

Cara is grateful also to many individual members of university staff, for their humanity, their generosity and the practical support they have given and continue to give Cara Fellows; and to the many other people, with no direct affiliation to academia, who nonetheless understand the importance of Cara's work, and have opened their homes to Cara Fellows and donated to the cause.

S, from Pakistan, fled violent attacks from her husband's family in Pakistan, who opposed her hopes of finishing her PhD at a UK university. But she was left destitute in the UK, and had been hospitalised with food poisoning when she came to Cara's attention, having been forced to scavenge food from dustbins to survive. With an emergency grant from Cara she was able to rent a room, buy food and essential supplies and in 2014 she completed her PhD.

Financial Review

Cara's financial year is the calendar year. Cara's total incoming resources in 2014 amounted to £579,697, a 9% fall compared with the previous two years. Resources expended on charitable activities for the year amounted to £701,110 (2013: £677,991), and Governance Costs were £13,945 (2013: £29,503). The total net movement of funds was a deficit of £134,010 (2013: a deficit of £50,940). Much of this reflects the accrual of awards agreed in late 2014, for payment in 2015 with funds that have already been pledged to Cara in that year. The annual deficit, on a cash basis, was £29,648. Spending reflected the Trustees' review of Cara's reserves level in December 2013, when they concluded, following a review of the practice of other charities, that unrestricted funds should be reduced. Further information is given on pages 20 and 21, which are extracted from Cara's 2014 Accounts. The full Accounts and Trustees' Report are available on Cara's website, and on the website of the Charity Commission.

In May 2015 lawyers acting on behalf of the late Dr Gabrielle Ellinger informed Cara that a generous legacy had been left to Cara in her Will. Dr Ellinger, who died in December 2013, was the daughter of Professor Philip Ellinger, a pharmacologist from Düsseldorf who was forced out of his post at university there by the Nazis, and was supported by Cara (then known as the Academic Assistance Council) to build a new life, with his family, in the UK. Her generosity will help to ensure that Cara is able to support future generations of academics, like her father, who are forced to flee abroad. Cara is grateful also to all the friends of Dr Ellinger who gave donations to Cara in her memory.

Plans for Future Periods

In the second half of 2014 Cara's Trustees and staff carried out a thorough policy review, with external support. This will lead to the development of a new fundraising strategy, with the assistance of professional advisers. The aim is to generate substantial additional funds, to allow Cara to increase the volume and the value of the awards it makes. The scale of the current humanitarian crisis in the Middle East means that Cara must expect that a large number of academics, in grave danger, will continue to look to Cara for support. Generating additional funding to help them will therefore remain Cara's top priority.



**YOU ONLY HAVE TO KILL
ONE ACADEMIC
TO SILENCE HUNDREDS**

Appeal: You Can Help!

Today, the challenge is greater than ever. Crisis follows crisis. For every Fellow Cara is able to support, there is another waiting desperately, often in great danger, to hear if Cara can help them too.

To meet this need Cara urgently requires additional funding, to increase the number of at-risk and exiled academics it can support.

You can help.

To support Cara's work, please go to www.cara1933.org/how-to-help/donations/, or send a cheque made out to 'Cara' to our office address: Cara, LSBU Technopark, 90 London Road, London SE1 6LN. Thank you!

Summary Income and Expenditure Account

| | 2014 | 2013 |
|---|------------------|-----------------|
| | £ | £ |
| Income | | |
| Grants and donations | 564,041 | 600,185 |
| Fundraising and other income | 6,934 | 26,529 |
| Investment income and interest | 8,722 | 9,150 |
| Gains / (Losses) on disposals of fixed assets | 706 | 2,115 |
| Total income | 580,403 | 637,979 |
| Expenditure | | |
| Costs of generating funds | | |
| Costs of generating voluntary income | 2,724 | 3,852 |
| Investment management costs | 2,961 | 3,097 |
| Charitable activities: | | |
| Grants payable | 361,122 | 287,177 |
| Programme and project work | 339,988 | 390,814 |
| Governance costs | 13,945 | 29,503 |
| Total expenditure | 720,740 | 714,443 |
| Net income (expenditure) for the year | (140,337) | (76,464) |

All of the operations undertaken by the company during the current and preceding years are continuing operations.

The retained net loss for the year based on historical cost is £129,340 (2013 – net loss £67,382).

Auditors' Opinion: We confirm that the information given in the summary income and expenditure account and the balance sheet shown on pages 20 to 21 is consistent with the annual accounts of the company for the year ended 31st December 2014 which have been audited by ourselves.

Colin Brailey FCA Senior statutory auditor, 1st July 2015

For and on behalf of

Cocke, Vellacott & Hill Statutory Auditor

Chartered Accountants, Unit 3 Dock Offices, Surrey Quays Road, London SE16 2XU

Balance Sheet as at 31st December 2014

| | 2014 £ | 2013 £ |
|--|-----------------|----------------|
| Fixed assets | | |
| Tangible assets | 14,044 | 10,941 |
| Investments | 293,256 | 331,375 |
| Total fixed assets | <u>307,300</u> | <u>342,316</u> |
| Current assets | | |
| Debtors | 14,179 | 31,073 |
| Cash at bank and in hand | 226,076 | 220,295 |
| Total current assets | <u>240,255</u> | <u>251,368</u> |
| Liabilities | | |
| Creditors: Amounts falling due within one year | (265,825) | (177,944) |
| Net current assets or (liabilities) | <u>(25,570)</u> | <u>73,424</u> |
| Total assets less current liabilities | <u>281,730</u> | <u>415,740</u> |
| The funds of the charity: | | |
| <u>Unrestricted Income Funds:</u> | | |
| General reserve | 185,921 | 300,621 |
| Designated reserves: | | |
| Revaluation reserve | 44,809 | 40,703 |
| Pump-prime/Challenge Fund | 50,000 | 50,000 |
| Total unrestricted funds | <u>280,730</u> | <u>391,324</u> |
| <u>Restricted Income Funds</u> | <u>1,000</u> | <u>24,416</u> |
| Total Charity Funds | <u>281,730</u> | <u>415,740</u> |

The financial statements were approved by the Board of Trustees on 10th June 2015 and signed on its behalf by:

Anne Lonsdale (Chair)

David Ure (Hon Treasurer)





Dr Shaath, Director of the Islamic University of Gaza, outside his university after an Israeli strike, 2014

Governance and Staff

President

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Professor Lord Patel of Bradford OBE

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Trustees

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Professor Paul Weindling, *Research Professor, History of Medicine, Oxford Brookes University*

Professor Michael Worton CBE, *Former Vice-Provost (International), UCL*

Staff

Executive Director: Mr Stephen Wordsworth CMG LVO

Deputy Executive Director, Fellowship Programme and Middle East Programme

Manager: **Ms Kate Robertson**

UK Programme and Development Manager: **Mr Ryan Mundy**

Middle East Programme Officer: **Mr Zeid Al-Bayaty**

UK Programme Officer: **Mr Alastair Lomas**

Fellowship Programme Assistants: **Mr Andrew Mahon and Ms Iman Nafi**

Volunteers and Interns

Cara could not function without the support of the many volunteers and interns who have so generously given their time to work with Cara:

Rachael Atkins | Mary Atkinson | Jenny Baillie-Grohman | Julius Baker |
Mary Balogun | Amelie Boyd | Joe Buckley | Verity Buckley | Leiysa Byrne |
Sabella Festa Campanile | Daniela Carati | Mojgan Djamarani | Katie Ebner-Landy |
Husam El-Kurd | Nicole Fusi | Rebecca Hacker | Elise Hannaford |
Harbinda Hanspal | Lucy Gallagher | Jessica Gaskell | Hanna Iveson | Fatima Ismat |
Ramesh Kanabar | Bianca Karpf | Natalia La Torre | Maryam Lawal | Katrina Leaf |
Rosanna Le Rossignol | Andrew Mahon | Eman Mansour Osman | Iman Nafi |
Giles Pitts | Maria Polcicova | Sally Presst | Edward Purchase | Anne Robbins |
Lily Robertson | Riman Salim | Stephanie Stafford | Rachael Stalker |
Natascha Starr | Ruby Stockham | Shakirah Sultan | Allison Taylor | Jade Thorpe |
Mark Trafford | Borja Vilar Martos | Farooq Zakhilwal | Carmen Zavala

Data Protection

In view of the sensitivity of the personal information that Cara processes, Cara applied to register with the Information Commissioner's Office (ICO) in September 2014, in accordance with The Data Protection Act 1998. Cara's registration may be viewed at: <https://ico.org.uk/ESDWebPages/DoSearch?reg=522738>



Cara (Council for At-Risk Academics)

LSBU Technopark

90 London Road

SE1 6LN

T: 020 7021 0880

F: 020 7021 0881

info.cara@lsbu.ac.uk

www.cara1933.org

Charity registered in England and Wales No 207471

Company registered in England and Wales No 641687

Middle East Office (since 2008): 101 Uhod Street, Amman, Jordan.